Effects of GnRHa and pimozide treatments on the timing of ovulation and on egg quality in Arctic charr (Salvelinus alpinus) at 5 and 10°C

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Received January 16, 1996; accepted April 1, 1996.

Abstract

The effectiveness of different gonadotropin releasing hormone analogues (GnRHa) and/or pimozide for inducing ovulation in Arctic charr was investigated at two different temperatures: 5°C, a temperature suitable for spontaneous ovulation in Arctic charr and 10°C, a temperature which inhibited ovulation in Arctic charr. At 5°C all the different GnRH analogues tested were able to induce and synchronize ovulation. At 10°C a sustained release preparation of D-tryptophan6 luteinizing hormone releasing hormone (D-Trp6LH-RH) at 20 µg.kg⁻¹ and an acute release preparation of D-arginine6salmon GnRH (D-Arg6sGnRH) at 100 µg.kg⁻¹ were able to induce ovulation in 80% of the females within 15 days (versus 2% in controls). Pimozide alone or in combination with a low dose of D-Arg6sGnRH was able to induce some ovulation at 10°C, suggesting that a dopamine inhibition of gonadotropin secretion could occur at 10°C. Egg survival in groups receiving GnRHa at 5°C was comparable to controls (73%) except in the group receiving GnRHa in combination with pimozide (45%). At 10°C, egg survival was significantly lower than controls at 5°C, except for the group receiving pimozide alone. At both temperatures, egg survivals of each spawn were negatively correlated with the plasma gonadotropin (GtH2) level of the reproducing females except in groups receiving a sustained release preparation of D-Trp6LH-RH.

Keywords: Arctic charr, ovulation, egg, temperature, hormone, pimozide, gonadotropin.

Effet de traitements au GnRHa et au pimozide sur le rythme des ovulations et la qualité des œufs chez l’omble chevalier (Salvelinus alpinus) à 5 et 10°C.

Résumen

L’efficacité de différents analogues du GnRHa et/or du pimozide pour induire l’ovulation chez l’omble chevalier est étudié à deux températures: 5°C, une température propice pour l’ovulation spontanée de l’omble chevalier et 10°C, une température inhibant l’ovulation chez l’omble chevalier. À 5°C tous les différents analogues du GnRHa étudiés sont capables d’induire et de synchroniser les ovulations. À 10°C, une préparation à diffusion prolongée du D-Trp6LH-RH à 20 µg.kg⁻¹ et une forme à diffusion instantanée du D-Arg6sGnRH à 100 µg.kg⁻¹ sont capables d’induire l’ovulation chez 80 % des femelles en une quinzaine de jours (contre 2 % chez les témoins). Le pimozide seul ou associé à une faible dose de D-Arg6sGnRH est capable d’induire quelques ovulations à 10°C, suggérant qu’une inhibition de type dopaminergique de la sécrétion gonadotrope puisse se produire à 10°C. La survie des œufs provenant des poissons traités au GnRHa à 5°C est comparable à celle des témoins (73 %), excepté dans le groupe des poissons traités avec du GnRHa associé à du pimozide (45 %). À 10°C, la survie des œufs est significativement inférieure à celle des témoins à 5°C, sauf dans le groupe de poissons traités uniquement au pimozide. Aux deux températures, la survie des œufs de chaque ponte est corrélée négativement avec la teneur en gonadotropine plasmatique de la femelle génitrice (valeur maximale observée dans les quatre jours suivant le traitement), sauf dans les groupes recevant la préparation à diffusion prolongée du D-Trp6LH-RH.

Mots-clés : Omble chevalier, ovulation, œuf, température, hormone, pimozide, gonadotropine.
INTRODUCTION

Recently, fish farmers have shown considerable interest in rearing Arctic charr (Salvelinus alpinus L.) in cold water. Aquacultural progress with Arctic charr has not been rapid because of the difficulties in producing a sufficient number of eggs of quality (Tabachek and de March, 1991). The Arctic charr can be considered to be a cold tolerant stenothermal species with growth rates of juvenile fish being depressed at temperatures above 15°C (Jobling et al., 1993). However, reproduction success may be more influenced by increases in temperature than growth. Ovulation has been reported to be inhibited at temperature over 10°C (Gillet, 1991). At lower temperatures (7 or 8°C), the spawning period of Arctic charr often extends over several months. However this may be a considerable disadvantage because of the stress of repeatedly handling broodstock (Gillet, 1991; Jansen, 1993). Low hatching success of eggs is often an additional problem (de March, 1995).

Artificial induction and synchronization of spawning has been achieved in trout and salmon using gonadotropin releasing hormone analogues (GnRHa) (Donaldson et al., 1981; Crim et al., 1983; Breton et al., 1990). Advancement and synchronization of spawning were also obtained in rainbow trout after a combined injection of GnRHa and pimozide (Billard et al., 1984). Sustained administration of GnRHa was also shown to efficiently induce ovulation in salmonids (Breton et al., 1990). In Arctic charr, Janscn (1993) and Haraldsson et al. (1993) successfully used GnRHa to induce ovulation at cold temperatures (7 and 5°C, respectively) but spawning induction was not achieved at 10°C. However, winter temperature is often at approximately 10°C in French fish farms where Arctic charr rearing has been undertaken. Thus, the present work was carried out to study the efficiency of several GnRHa preparations including sustained administration and association with pimozide to induce ovulation at two temperatures, 5 and 10°C. The effects of GnRHa treatments on egg quality and the relation between egg quality and plasma gonadotropin level were also investigated. This paper presents the results obtained over several years of testing different GnRH analogues and combinations with pimozide.

MATERIAL AND METHODS

The experiments were conducted in 1989-1990-1992-1993 and 1994 at the INRA station at Thonon, France, located on the shore of Lake Geneva. The fish used in the experiments were the offspring of wild Arctic charr of Lake Geneva. These 2 and 3-year-old fish were reared in 4 m² circular tanks and fed 8 hours daily with dry pellets at a ration recommended in a published table for rainbow trout, i.e. 0.5 to 1.5% of body weight, according to water temperature. The fish were acclimatized at 5°C or 10°C for one month (or slightly more) before the gonadotropin releasing hormone (GnRH) treatments. Each year, all experiments were conducted during the first half of December, when 30% of the females had naturally ovulated at 5°C. Females were anaesthetized in 2-phenoxyethanol (0.3 ml l⁻¹), individually marked with floy tags, weighed to the nearest 1 g and intraperitoneally injected with the different GnRH analogues. The GnRHa treatments and the number of fish used in each experiment are summarized in Table 1.

![Table 1](image-url)

Table 1. - Nature and dosage of the different GnRH analogues tested at 5 and 10°C in Arctic charr. Number of fish in each experiment group (*sustained release preparation).
D-Alanine<sup>6</sup> luteinizing hormone releasing hormone (D-Ala<sup>6</sup>LH-RH) and pimozide were purchased from Sigma (St Louis, MO) and D-Arg<sup>6</sup> GnRH (D-Arg<sup>6</sup> GnRH), a salmon GnRH analogue found to be very potent in fish (Peter et al., 1987) from Bachem (Bubendorf, CH-4416, Switzerland). The D-Trp<sup>6</sup>LH-RH (D-Trp<sup>6</sup>LH-RH) used for sustained release was a commercial microencapsulated preparation in a polyglycolic-polylactic biodegradable matrix, obtained from Ipsen/Beaufour laboratory (Dreux, 28104 France) and was used as a suspension in a physiological saline solution containing 0.1% Tween 20. The D-Trp<sup>6</sup>LH-RH in acute release preparation was also obtained from the Ipsen/Beaufour laboratory. The sustained release form was intramuscularly delivered whereas other preparations were intraperitoneally injected.

Blood samples were taken from a caudal vessel using a heparinized syringe, at the beginning of the treatment and at regular intervals during the four days following GnRH injections, in order to assess the maximum value of plasma gonadotropin level (GtH2) before ovulation. This level was measured by radioimmunoassay according to Breton et al. (1978).

The detailed effects of different GnRHa and pimozide administrations on the stimulation of gonadotropin GtH2 secretion will be developed in a separate paper. In the present work, the relation between egg survival and plasma gonadotropin level before ovulation will be presented.

Fish were checked three times a week after the beginning of the treatments to determine whether they had ovulated. Newly ovulated females were anaesthetized and weighed to the nearest 0.1 g. Ova were collected, drained and weighed to the nearest 0.1 mg to determine the mean weight per ovum and the relative fecundity of the reproducing females. Ova were fertilized with a mixture of sperm from several males diluted in DIA<sup>532</sup> (Billard, 1977). After water hardening, the eggs were shifted to incubation trays. Eggs from each female were incubated separately at 6 ± 1°C. Dead eggs were counted and removed regularly. Survival rates were calculated for each spawn at eyed stage. Only three-year-old females were used to determine egg survival, egg mean weight and relative fecundity because all these parameters could be different between age groups (Bromage and Cumaranatunga, 1988).

Data were analysed using non parametric tests: the Kruskal-Wallis test to compare ovulation mean time, egg survival, egg mean weight and relative fecundity and the Fisher test to compare the rates of ovulation between the different groups and controls. Results are expressed as mean ± S.E. Timing of ovulation did not differ in controls from year to year and the data from different years were therefore pooled. Day 0 was the day when females were injected with GnRHa. Mean time to ovulation was calculated as the mean of the number of days from day 0 to individual ovulation for the different females. Cumulative ovulation did not reach 100% in many groups at the end of the experiment. For this reason, mean time to ovulation was calculated from the time to ovulation of the first 80% ovulated females in each group. In groups where cumulative ovulations did not reach 80%, mean time to ovulation was not calculated.

RESULTS

Timing of ovulation (Fig. 1)

At 5°C the cumulative percent of ovulation increased regularly in the controls from day 0 to day 40, reaching 90% at the end of the experiment.

Figure 1. -- Cumulative percentages of ovulated Arctic charr over a 50-day period following GnRHa treatments: (1) 10°C, sustained release form of D-Trp<sup>6</sup>LH-RH; (2) 10°C D-Arg<sup>6</sup> GnRH, 100 μg.kg<sup>-1</sup>; (3) 10°C D-Arg<sup>6</sup> GnRH, 20 μg.kg<sup>-1</sup> + pimozide; (4) 10°C D-Arg<sup>6</sup> GnRH, 20 μg.kg<sup>-1</sup> + pimozide; (5) 10°C D-Trp<sup>6</sup>LH-RH in free form; (7) 10°C controls (saline injected); (8) 5°C D-Ala<sup>6</sup>LH-RH; (9) 5°C, sustained release form of D-Trp<sup>6</sup>LH-RH; (10) 5°C D-Trp<sup>6</sup>LH-RH in free form; (11) 5°C D-Arg<sup>6</sup> GnRH 20 μg.kg<sup>-1</sup> + pimozide; (12) 5°C D-Arg<sup>6</sup> GnRH, 20 μg.kg<sup>-1</sup>; (13) 5°C pimozide; (14) 5°C controls (saline injected).
(Fig. 1c, curve 14). In all the GnRH treated groups at 5°C, the rate of ovulation increased more rapidly than in controls within 5 to 10 days after the beginning of the treatment: 50% of ovulation was reached within 10 days whereas it needed 20 days to obtain the same result in the controls (Fig. 1b, c). At this temperature, pimozide alone also induced more rapid ovulations than controls (50% on day 12), and seemed to potentiate the effect of D-Arg⁵sGnRH when injected together with this analogue. After 50 days, this combined treatment induced 100% ovulation as well as D-Ala⁶LH-RH (fig. 1b, c, curves 8 and 11).

For all the GnRH treated groups there was an initial sharp increase of the rate of ovulation either followed by a plateau, as in group 12 (D-Arg⁶sGnRH) or a gradual increase like the controls. Fish receiving GnRHs and/or pimozide all had a significantly lower mean time to ovulation than the 5°C control (Fig. 2). Two weeks after the beginning of GnRHa treatments, the ovulation rates were significantly higher in fish receiving the different GnRHa preparations than in controls, except in the group receiving the acute release preparation of D-Trp⁶LH-RH: within two weeks, more than 80% of the females had already ovulated in groups receiving D-Arg⁵sGnRH, D-Ala⁶LH-RH and D-Trp⁶LH-RH in sustained release preparation. At the same time, ovulation rate was 75% in fish receiving the acute release preparation of D-Trp⁶LH-RH, 50% in fish receiving pimozide alone and 36% in controls.

At 10°C, only one female out of 49 ovulated in controls (Fig. 1a, curve 7). The same result was obtained in fish receiving the acute treatment by D-Trp⁶LH-RH. In all the other groups the rate of ovulation followed a same initial increase as in fish reared at 5°C, but the maximum values obtained were more dispersed, and never reached 100% at the end of the experiment. The sustained release form of D-Trp⁶LH-RH and the D-Arg⁵sGnRH at a dose of 100 μg·kg⁻¹ were the most potent, inducing 80% ovulation on day 15 (Fig. 1a, curves 1 and 2). The D-Arg⁵sGnRH at a lower dose was less efficient (37% ovulation, Fig. 1a, curve 3). Its action was potentiated by pimozide to a greater extent than at 5°C (51% ovulation, Fig. 1a, curve 4). Pimozide alone also had an effect, inducing 3 ovulations out of 13 females (Fig. 1a, curve 5).

### Egg quality

Table 2 summarizes egg survival rates for the different treatments. At 5°C, fish injected with D-Arg⁵sGnRH+pimozide had significantly lower egg survival rates than the 5°C control. At 5°C, other experimental groups did not differ significantly from the controls. At 10°C, all the fish had significantly lower egg survivals than controls at 5°C, except for the fish receiving pimozide alone which did not differ from the 5°C control.

Egg mean weight did not significantly differ at 5 and 10°C whatever the experimental group. Also, there was no significant difference in relative fecundity between groups, although there was a tendency towards a decrease in fecundity in all the groups receiving pimozide (Table 3).

The maximum values of GH2 plasma levels were generally obtained between 8 and 24 hours after treatment at both temperatures. Egg survivals were negatively correlated with maximum GH2 plasma levels of the reproducing female, except for groups receiving the sustained release preparation of D-Trp⁶LH-RH (Fig. 3 and 4).

**Figure 2.** The effect of GnRHa and pimozide on mean time to ovulation in Arctic char: (1) 5°C controls; (2) 5°C sustained release form of D-Trp⁶LH-RH; (3) 5°C D-Trp⁶LH-RH in free form; (4) 5°C D-Ala⁶LH-RH; (5) 5°C D-Arg⁵sGnRH, 20 μg·kg⁻¹; (6) 5°C D-Arg⁵sGnRH+pimozide; (7) 5°C pimozide; (8) 10°C sustained release form of D-LH-RH; (9) 10°C D-Arg⁵sGnRH, 100 μg·kg⁻¹.

**Table 2.** Egg survival in 3-year-old Arctic char in the different experimental groups.

<table>
<thead>
<tr>
<th>Temperature</th>
<th>Treatment</th>
<th>Survival at eyed stage (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>73.6±2.7</td>
<td></td>
</tr>
<tr>
<td>5°C D-Ala⁶LH-RH</td>
<td>76.5±5.6</td>
<td></td>
</tr>
<tr>
<td>5°C D-Trp⁶LH-RH</td>
<td>72.6±7.2</td>
<td></td>
</tr>
<tr>
<td>5°C D-Trp⁶LH-RH sustained release</td>
<td>71.0±6.2</td>
<td></td>
</tr>
<tr>
<td>D-Arg⁵sGnRH 20 μg·kg⁻¹</td>
<td>69.4±4.5</td>
<td></td>
</tr>
<tr>
<td>D-Arg⁵sGnRH+pimozide</td>
<td>45.0±6.4 *</td>
<td></td>
</tr>
<tr>
<td>Pimozide</td>
<td>62.5±5.8</td>
<td></td>
</tr>
<tr>
<td>10°C Control</td>
<td>05.0 (1 female)</td>
<td></td>
</tr>
<tr>
<td>10°C D-Trp⁶LH-RH</td>
<td>25.8 (1 female)</td>
<td></td>
</tr>
<tr>
<td>10°C D-Trp⁶LH-RH sustained release</td>
<td>44.4±5.6 *</td>
<td></td>
</tr>
<tr>
<td>D-Arg⁵sGnRH 20 μg·kg⁻¹</td>
<td>43.4±4.0 *</td>
<td></td>
</tr>
<tr>
<td>D-Arg⁵sGnRH 100 μg·kg⁻¹</td>
<td>39.1±10.0 *</td>
<td></td>
</tr>
<tr>
<td>D-Arg⁵sGnRH+pimozide</td>
<td>34.8±5.7 *</td>
<td></td>
</tr>
</tbody>
</table>
| Pimozide | 72.9±6.4 *

* *p < 0.05 compared to control 5°C (Kruskal and Wallis test). ** *p < 0.01 compared to control.
Table 3. – Quantity, gonadosomatic index and weight of ova produced by Arctic charr in the different experimental groups (mean±SE). The different groups did not differ significantly for the three parameters, Kruskal-Wallis test (* sustained release form).

<table>
<thead>
<tr>
<th>Temperature</th>
<th>Treatment</th>
<th>GSI</th>
<th>Mean ova weight (mg)</th>
<th>Relative fecundity (egg.kg⁻¹)</th>
</tr>
</thead>
<tbody>
<tr>
<td>5°C</td>
<td>Control (saline injected)</td>
<td>14.7±0.7</td>
<td>43.8±1.7</td>
<td>3.504±206</td>
</tr>
<tr>
<td></td>
<td>D-Trp⁶LH-RH 20 µg.kg⁻¹*</td>
<td>14.9±1.0</td>
<td>33.2±2.5</td>
<td>4.678±344</td>
</tr>
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<td></td>
<td>D-Trp⁶LH-RH 30 µg.kg⁻¹</td>
<td>16.4±1.5</td>
<td>38.2±2.7</td>
<td>4.384±400</td>
</tr>
<tr>
<td></td>
<td>D-Arg⁶sGnRH 20 µg.kg⁻¹</td>
<td>14.6±0.9</td>
<td>45.8±2.3</td>
<td>3.288±257</td>
</tr>
<tr>
<td></td>
<td>Pimozide 5 mg.kg⁻¹</td>
<td>12.0±1.1</td>
<td>46.1±2.9</td>
<td>2.664±223</td>
</tr>
<tr>
<td></td>
<td>+pimozide 5 mg.kg⁻¹</td>
<td>11.6±0.9</td>
<td>47.5±2.0</td>
<td>2.423±151</td>
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<tr>
<td></td>
<td>D-Trp⁶LH-RH 20 µg.kg⁻¹*</td>
<td>14.8±0.6</td>
<td>40.8±1.9</td>
<td>3.763±211</td>
</tr>
<tr>
<td></td>
<td>D-Arg⁶sGnRH 20 µg.kg⁻¹</td>
<td>14.0±1.2</td>
<td>42.3±2.9</td>
<td>3.467±300</td>
</tr>
<tr>
<td></td>
<td>D-Arg⁶sGnRH 100 µg.kg⁻¹</td>
<td>15.5±1.8</td>
<td>38.8±2.8</td>
<td>4.152±552</td>
</tr>
<tr>
<td></td>
<td>+pimozide 5 mg.kg⁻¹</td>
<td>12.6±1.1</td>
<td>49.9±2.8</td>
<td>2.601±255</td>
</tr>
<tr>
<td></td>
<td>Pimozide 5 mg.kg⁻¹</td>
<td>13.7±2.0</td>
<td>50.8±2.7</td>
<td>2.530±247</td>
</tr>
</tbody>
</table>

DISCUSSION

The results of the present study clearly indicate that GnRHa is effective for inducing ovulation in Arctic charr. At 5°C the effectiveness of GnRHa for inducing and synchronizing ovulation in Arctic charr was in agreement with the results of previous studies in Arctic charr (Janson, 1993; Haraldsson et al., 1993) and in other salmonids: the coho salmon (Donaldson et al., 1981), the rainbow trout (Breton et al., 1990) and the brown trout (Mylonas et al., 1993). In addition to previous results (Gillet, 1991), this study demonstrates that the exposure of Arctic charr to 10°C or above can lead to the almost complete inhibition of ovulation. It appears that both sustained or acute release modes of GnRHa administration were able to induce ovulation at 10°C. However, the efficiency of the treatment greatly varied with the nature, form and dosage of GnRHa. The acute release form of D-Trp⁶LH-RH was ineffective for inducing ovulation. At 10°C, only a sustained release form of LH-RH or a very high dosage of a GnRH analogue (D-Arg⁶sGnRH at...
100 μg.kg⁻¹) were able to induce similar rates of ovulation than those obtained at 5°C. These results possibly indicates that the blockade of ovulation at 10°C was partially due to a central inhibition and that the removal of this inhibition required either a prolonged stimulation of GtH2 (sustained release form of GnRHa, Breton et al., 1990) or a large acute release of gonadotropin (high dosage of GnRH). An overall comparison of the results obtained at 5°C and 10°C clearly demonstrated that the induction of ovulation at 10°C required higher dosages of GnRHa than at 5°C. At 10°C, a dopamine receptor antagonist (pimozide) potentiated the action of D-Arg⁸sGnRH as already reported in other species and especially in cyprinids (Peter et al., 1986). At 10°C, pimozide alone induced 23% of ovulation in Arctic charr which implies that a dopamine inhibition of gonadotropin GtH2 secretion could block the ovulation in Arctic charr. At 5°C, Arctic charr did not require a combined treatment using GnRHa and pimozide, possibly because the dopamine inhibition of gonadotropin secretion was less effective than at 10°C.

There was no apparent correlation between a reduced mean time to ovulation and the final cumulative rates of ovulation. Especially at 5°C, treatments which induced 100% ovulation were not those which most diminished the mean time to ovulation. Thus in the choice of a treatment, the nature of the GnRH analogue and its dosage should be considered in relation to the objective, that is either to induce a rapid synchronization of ovulation or to obtain 100% ovulation over the longer term.

Egg survival rates in Arctic charr at 5°C were comparable to those obtained in previous studies of GnRHa induced ovulation in other salmonids (Crim et al., 1983; Fitzpatrick et al., 1984; Breton et al., 1990). However, the mean survival percentage of eggs produced by fish injected with D-Arg⁸sGnRH in combination with pimozide was significantly lower than in controls. An adverse effect of pimozide in combination with GnRHa on egg survival has already been reported in rainbow trout (Billard et al., 1984) who hypothesized that pimozide could have a deleterious effect on oocytes. They also suggested that the poor egg quality could be due to a high gonadotropin level before ovulation. In our experiments, survival of eggs produced by females injected with pimozide alone did not differ significantly from controls at either 5 or 10°C. At the latter temperature, the mean survival percentage of eggs was higher in females treated with pimozide alone than in all the groups treated with GnRHa, suggesting that pimozide did not damage directly the eggs. The occurrence of a negative correlation between plasma GtH2 level and egg survival seems to confirm Billard’s hypothesis of the adverse effect of high GtH2 levels on egg quality. As suggested by Mylonas et al. (1993), GnRHa treatments could lead to a slight asynchrony between the process of meiotic maturation regulated by the maturation inducing steroid and the process of ovulation regulated by prostaglandins. Very high levels of GtH2 could enhance the asynchrony between the two processes. This emphasizes the risk of overstimulation of GtH2 secretion and the need to determine for each species the appropriate GnRHa dosage that gives good rates of ovulation combined to the production of good egg qualities. Plasma GtH2 level was certainly not the only factor involved in the control of egg quality because egg survival varied widely in groups treated with the sustained release form of D-Trp¹⁷GnRH while GtH2 levels were always very low.

Egg survival was not uniformly reduced in all ovulating females in the experimental groups which had a mean survival percentage significantly lower than controls. In all experimental groups, survival rates as high as those achieved by control fish were also obtained for some females injected with GnRHa. The explanation for the difference in egg survival among females treated with GnRHa might be found either in the different responsiveness of females to GnRH injection (i.e. the difference of plasma GtH2 levels after treatment) or in the difference of maturation stage of females at the time of treatment. In coho salmon (Fitzpatrick et al., 1984) and in Atlantic salmon (Crim and Giebe, 1984), the occurrence of females with low fertility was higher for fish injected with GnRHa that ovulated early in season. In our work, most females injected with GnRHa at 10°C produced eggs of poor quality. This low fertility at 10°C may be caused by a lack of maturation of females due to the absence of spontaneous ovulation at this temperature.

In conclusion, this work demonstrates that GnRHa can synchronize ovulation at 5°C in the Arctic charr without loss of relative fecundity and egg quality. However, at 10°C GnRHa can induce ovulation but with a loss of egg quality. Beside the central inhibitory mechanism removed by GnRH, there is possibly other levels of inhibition at this temperature, especially at the follicular level, whose removal is also necessary in good synchrony with the central level to obtain eggs with high fertilization rates.

Acknowledgements

We are greatly indebted to Ph. Laurent and E. Sambroni for their technical assistance. We are also very grateful to Dr A. Cassell for his review.
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